

## Appendix 2: Contributions by Aylesbury Vale District Council for 'Healthy Places, Healthy Futures, Growing Great Communities'

### **Community Life**

The communities we live and work in profoundly affect our wellbeing. Actions to strengthen communities, increase social connections and social cohesion, give local people more say in services, increase volunteering, reduce social isolation and protect vulnerable people all of which improve health and wellbeing.

Portfolio	Actions
	<ul style="list-style-type: none"> <li>The Paralympic Flame Lighting event took place in 2018. AVDC is the lead funder and organiser and we also part fund the National Paralympic Heritage Trust.</li> </ul>
	<ul style="list-style-type: none"> <li>The AVDC Grants Panel has met to recommend 2018/19 community grants to be awarded. These grants support AVDC priorities around mental health, older people and people with disabilities.</li> </ul>
	<ul style="list-style-type: none"> <li>AVDC continues to deliver regular physical activity sessions for target groups including people with disabilities (<a href="#">Disability Arts Sports and Health</a> and <a href="#">Doorways Dance Group</a>) and ladies only swimming, which encourages women who might not otherwise take up this activity.</li> </ul>
	<ul style="list-style-type: none"> <li>AVDC supported BCC's planning of the World War 1 commemoration event with entertainment, stands and refreshments at the Gateway.</li> </ul>
	<ul style="list-style-type: none"> <li>To strengthen community cohesion, AVDC delivered the following events in the summer of 2018 around the vale: Play around the Parishes, National Playday and WhizzFizz Fest. There were high levels of attendance at all events. Planning is now underway for 2019.</li> </ul>
	<ul style="list-style-type: none"> <li>AVDC organised hoarder support training for partner organisations in December 2017 leading to the setting up of Buckinghamshire's first support group, hosted by Buckinghamshire Fire and Rescue Service, for those affected by this WHO classified medical disorder.</li> </ul>
	<ul style="list-style-type: none"> <li>AVDC's Dementia Friends Champion runs Information Sessions for staff as well as joins other partners to provide sessions in the Vale. In 2017 AVDC and a BCC Champion from the Library Service ran sessions for children at Buckingham School.</li> </ul>

### **Healthy Homes**

Living in an affordable and good quality home is fundamental to people's physical and mental health and wellbeing and can reduce demand on services

Portfolio	Actions
	<ul style="list-style-type: none"> <li>AVDC's 2018-2021 Housing and Homelessness Strategy has been approved by Council.</li> </ul>
	<ul style="list-style-type: none"> <li>AVDC bid for and was awarded Rough Sleeper Initiative funding to help those with complex needs into housing. As part of this, we have appointed an Accommodations Officer and Mental Health Nurse as well as additional drug and alcohol outreach to support people with mental health and substance misuse issues to help them sustain tenancies in the longer term.</li> </ul>
	<ul style="list-style-type: none"> <li>A consortium led by AVDC was awarded £625,000 in government funding to help prevent homelessness across Buckinghamshire. The Building Resilience Service identifies those at risk of homelessness early on and gives them the support they need before reaching crisis point.</li> </ul>
	<ul style="list-style-type: none"> <li>Vale of Aylesbury Local Plan, including Affordable Housing Policies, has been submitted to the Planning Inspectorate for public examination. The Plan will help to accommodate national housing growth demand and bring more investment, employment and opportunity, thus helping the district to thrive.</li> </ul>

	<ul style="list-style-type: none"> <li>AVDC organised hoarder support training for partner organisations in December 2017 leading to the setting up of Buckinghamshire's first support group, hosted by Buckinghamshire Fire and Rescue Service, for those affected by this WHO classified medical disorder.</li> </ul>
	<ul style="list-style-type: none"> <li>AVDC part funded Youth Concern's Nightstop service which provides emergency host-accommodation for young people aged 16-25 years who are facing a homelessness crisis.</li> </ul>
	<ul style="list-style-type: none"> <li>AVDC works with partners to ensure there is a sufficient supply of disabled, adapted and accessible properties.</li> </ul>
	<ul style="list-style-type: none"> <li>In December 2017 AVDC hosted a series of workshops by the Domestic Abuse Housing Alliance for housing providers to understand more about their role in identifying and supporting tenants who are victims of domestic abuse.</li> </ul>

### **Healthy Travel**

Active travel, such as walking and cycling improves our health by promoting physical activity. It also delivers other benefits such as reducing air and noise pollution and increasing social connections

Portfolio	Actions
	<ul style="list-style-type: none"> <li>Aylesbury Garden Town recently hosted a Netherlands delegation of cyclists who visited the Garden Town to evaluate the cycling network – we are currently awaiting their recommendations.</li> </ul>

### **Air and Noise Pollution (Healthy Travel will also contribute to this key area)**

Air and noise pollution have a range of harmful effects on health the very young, very old and those with poor health are most likely to be negatively affected by pollution.

Portfolio	Actions
	<ul style="list-style-type: none"> <li>AVDC's ongoing work as identified in the creation of 3 Air quality management areas (Tring Road, Friarage Road and Stoke Road) in order to tackle vehicle emissions of nitrogen dioxide.</li> </ul>
	<ul style="list-style-type: none"> <li>AVDC promoted Clean Air Day on 21 June 2018 through their social media channels and encouraged the public to reduce and avoid air pollution to make the air cleaner and healthier for everyone.</li> </ul>
	<ul style="list-style-type: none"> <li>Following AVDC attendance at the first Bucks Air Quality conference in May, the Buckinghamshire Air Quality Action Group, which has representatives from the four district councils, Milton Keynes Council, Bucks County Council, Public Health from Bucks CC and Public Health England, will develop a Buckinghamshire Wide Low Emission Strategy to tackle poor air quality across the County.</li> </ul>
	<ul style="list-style-type: none"> <li>AVDC has published a number of self help factsheets on noise pollution and how to tackle it including letter templates, to support those experiencing noise pollution. Officers will investigate complaints where there is evidence of a statutory nuisance.</li> </ul>

### **Green Spaces and Natural Environment**

Contact with the natural environment is vital for physical and mental health and wellbeing at all ages. Exposure to green spaces reduces stress and depression, and every 10% increase in green space is associated with a reduction in disease equivalent to 5 years of life gained.

Portfolio	Actions
	<ul style="list-style-type: none"> <li>Work has begun on the Aylesbury Garden Town masterplan. A draft will go out to public consultation next spring with the final version expected by summer 2019.</li> </ul>
	<ul style="list-style-type: none"> <li>AVDC conducts ongoing improvements to parks and green spaces which includes accessibility and play equipment for children and young people. 3 Sites have Green Flag status (2 in Aylesbury, 1 in Buckingham). AVDC negotiate with S106 contributors to improve public open spaces. An</li> </ul>

	example of innovative play equipment can be seen at Riverside Walk Park on Meadowcroft.
	<ul style="list-style-type: none"> <li>• AVDC Officers work closely with local environmental and conservation volunteer groups who are essential to conservation management in the vale and have established a number of community conservation groups such as the Friends of Bourton and Heartlands Park.</li> </ul>

**Healthy Food Environment**  
The quality and quantity of the food and drink that we consume are important contributors to our health. A poor diet increases the risk of becoming overweight, developing diabetes, heart disease, stroke, some types of cancer and dementia.

Portfolio	Actions
	<ul style="list-style-type: none"> <li>• AVDC regularly promotes Public Health messages and campaigns throughout the year including promotion of the Public Health England One You campaign in raising awareness to help adults across the country to avoid future diseases caused by modern day life.</li> </ul>
	<ul style="list-style-type: none"> <li>• AVDC encourages those registering new food and drink businesses to consider healthy menu options by providing a link to the Public Health webpage on sugar and calorie reduction on the associated registration page.</li> </ul>

**Wider planning and environmental issues**

Portfolio	Actions
	<ul style="list-style-type: none"> <li>• AVDC Heritage and Ecology Officers continue to work to improve landscapes and improve biodiversity on council owned land as well as offer advice to other landowners. To celebrate National Tree Week in December 2017, AVDC planted four trees (including Oaks) in Heartlands open space to support local biodiversity and improve the landscape for future generations.</li> </ul>
	<ul style="list-style-type: none"> <li>• AVDC Officers advise and comment on planning applications to help protect the local environment.</li> </ul>